



3S ADOLESCENT CARE

SAFETY | STABILITY | SOCIAL INCLUSION

# IVY HOUSE

Building Lifelong Opportunities for Children and Young People

[www.3SAdolescentCare.com](http://www.3SAdolescentCare.com)

# Welcome to Ivy House

Ivy House, part of 3S Adolescent Care, is an independent Children's Residential home provider, offering care for up to three young people aged 11-17 years. Ivy House adopts an informed therapeutic care approach supported by the clinical team from bMindful Psychology to support children and young people to develop the social, emotional and independent living skills necessary for the development of resilience, wellbeing and healthy coping strategies for their future.

## Our Therapeutic Approach

Ivy House is a therapeutic environment that is designed to prepare and support children and young people in achieving a positive and successful move into adulthood.

Our staff use the Keyworker Intervention Tools (KIT) programme to ensure the therapeutic relevance of all their working practice and are supported in achieving this by the bMindful clinical team. A multi-disciplinary approach is taken to ensure that the wrap around care that is provided to each individual is based on the young person's wishes, views and feelings.

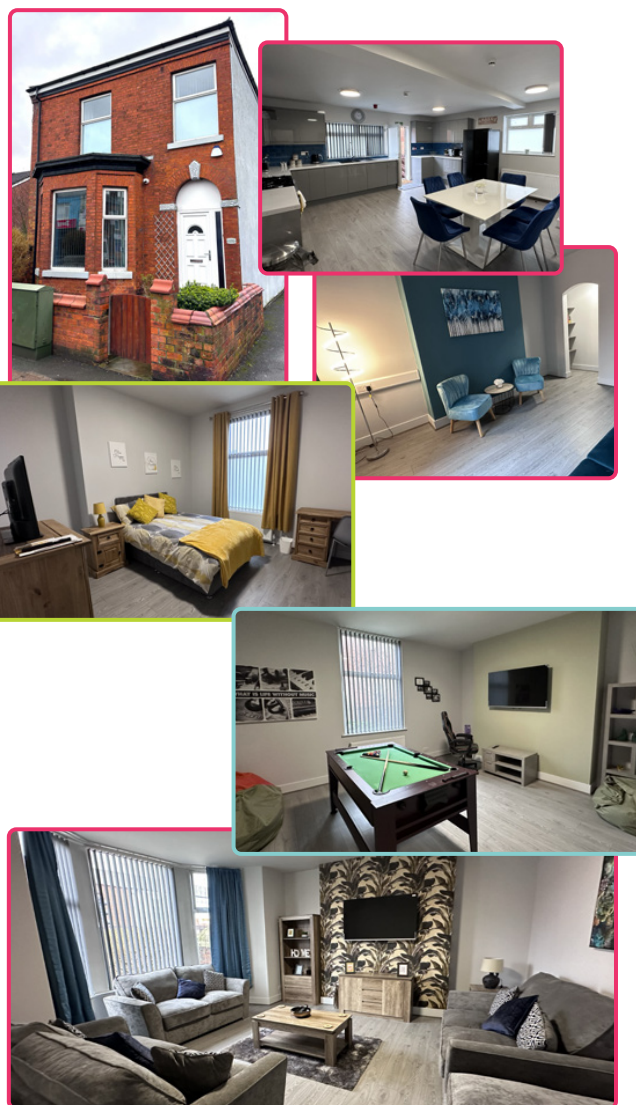
Outside agencies such as bMindful Psychology, health and education providers and the local authority team will join in consultation with the young person, their families and carers regularly to ensure that Weaver House is the best placement for the young person to achieve their goals and track their journey with us.

## Our Vision

Ivy House is all about supporting vulnerable children and young people to be happy and positive in their lives, alongside encouraging their understanding of their place in society and empowering them to work out how they are going to make their way in the world, guiding them to a better future. Our vision is embedded into our culture and is lived and breathed each and every day by each and every employee.

Our team consists of a Registered Manager alongside Team Leaders and Care Workers. We believe everyone deserves an education that equips them for a brighter future with the best chance to grow. We go beyond the tried and tested methods to get to new and individual solutions, by integrating our expertise, first-class care and high-quality environments. We want everyone involved with our organisation to feel part of delivering something momentous where we can all play a part of making a real and lasting difference to young people's lives through:

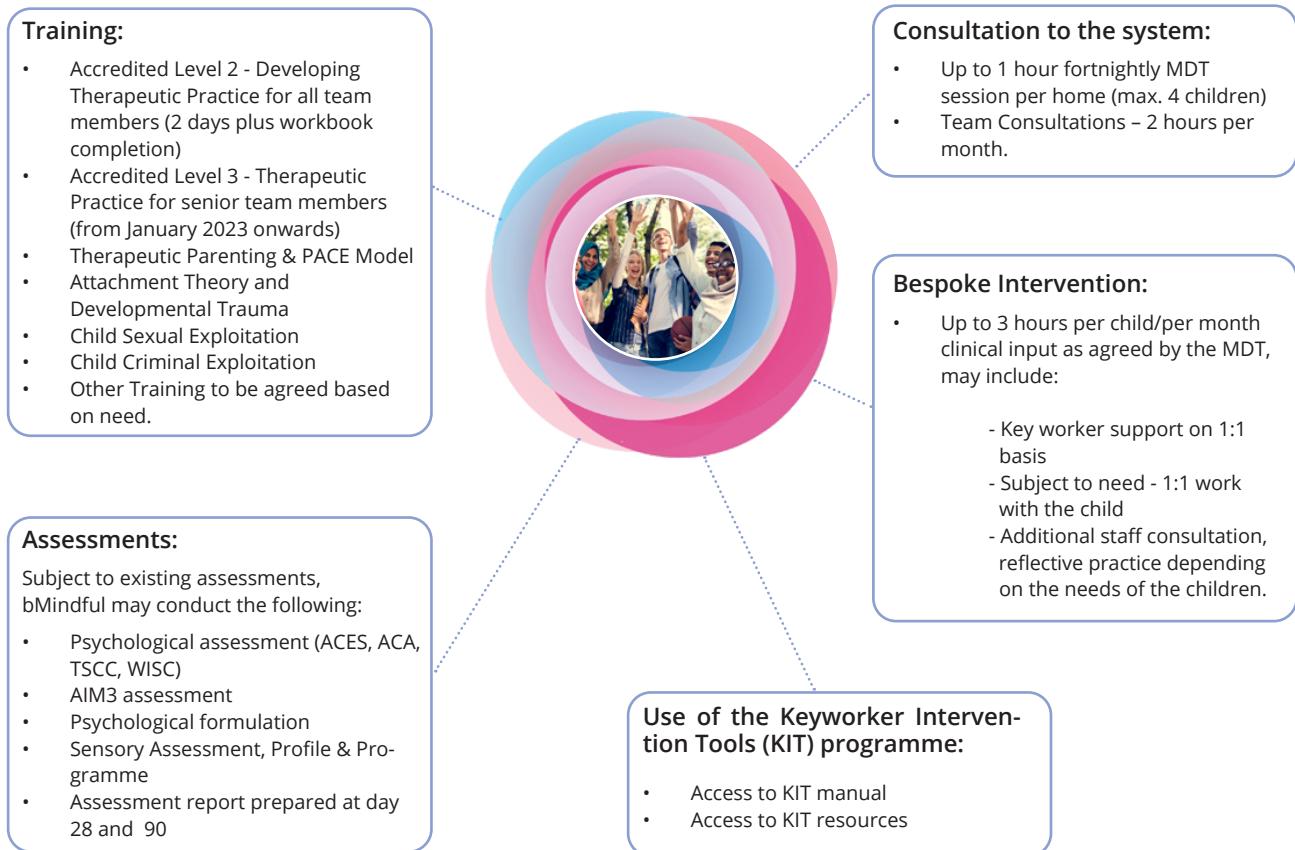
- 1 Person-centred framework that places each child at the heart of their support.
- 3 High Quality services and stable placements striving to achieve the most positive outcomes attainable for each individual.



- 2 World-class residential care that is a positive, enriching experience for young people.
- 4 Qualified staff who have the skills, experience and support needed to meet the individual learning needs of each young person.

# High level Therapeutic Care

To support the delivery of high level therapeutic care bMindful Psychology provide the following support and therapeutic input at Ivy House.



## ✓ Use of Keyworker Intervention Tools (KIT)

Access to the 3 phase KIT recovery programme:

- Phase 1 - Safety and Containment
- Phase 2 - Resilience, Relationships, Emotions and Self Worth
- Phase 3 - Restoration and Life Long Learning

## ✓ Safe Learning Environment

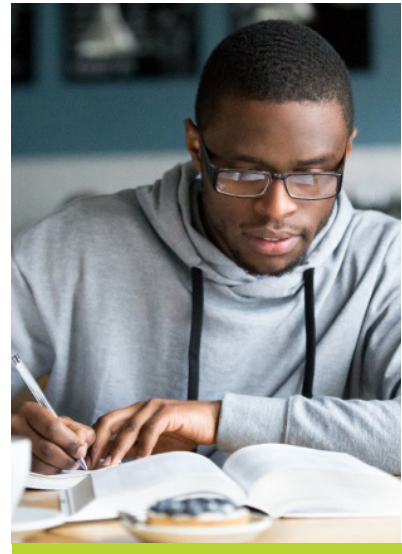
Adlington Hall Lodge provides a safe and nurturing environment where importance is placed on ensuring an education package that meets the full range of young people's needs, both academic and vocational.

## ✓ Partnership Approach

We want every child who stays in our care at Adlington Hall Lodge to reach their potential and really value partnership working with local authorities and other health and social care organisations.

# A flagship children's home

Ivy House is a specialist therapeutic residential children's home supporting young people to develop their education, social and independence skills to fulfil their aspirations.



## Supporting emotional and behavioural difficulties

3S Adolescent Care offers homes for children and young people who have experienced neglect, abuse and trauma, supporting them in small, family home-from-home style environments. We know this setting best meets the needs of each child. Our specialist therapeutic care homes offer children a multi-disciplinary team support programme, enabling them to succeed and achieve.

bMindful Psychology provide clinical input supporting our care team. The Keyworker Intervention Tools (KIT) programme is a 3 phase therapeutic programme, designed to be delivered by the care team working directly with the child. Due to the positive professional relationships the team are able to develop with each young person, they are in the best position to weave the therapeutic working into every-day life. This gives the young persons scope and opportunity to develop healthy coping mechanism in a more holistic way rather than targeted therapy alone.

Our high quality home environments are continually reviewed and managed safely, as per the specific needs of the cohort of young people residing in them at any given time. This helps to enable positive approaches in creating an environment that develops excellent working relationships with young people. Our services include high quality support for young people with social, emotional and behavioural needs, have mental health and attachment disorders or may be at risk of exploitation.

With a qualified pharmacist as a part of the Senior Management team, overseeing the use of medications within the home and providing training to the staff, we are well placed to support children and young people struggling with underlying health conditions such as asthma, diabetes, ADHD or mental health conditions.

We have huge aspirations for the children we look after in our homes, we provide high quality care and support so that young people can develop the skills they need to live independently and contribute positively to their local community.



3S ADOLESCENT CARE

SAFETY | STABILITY | SOCIAL INCLUSION



# Building Lifelong Opportunities For Children And Young People

IVY HOUSE

T: 07970 978 353 | E. SHUAIB@3SADOLESCENTCARE.CO.UK  
WWW.3SADOLESCENTCARE.COM